

SUMMER'S END 2026 SCHEDULE

Time	Front Studio	Back Studio
9:00	Registration, shopping	
9:45-10:00	Community Warm-up (Samira)	
10:00-11:00	SharQui - The Bellydance Workout (Nicci)	The Soul of Chiftitelli (Samira)
11:15-12:15	Roma Skirt Fantasy (Ruric)	Perfect Your Practice (Lisa Jean)
12:15	Lunch (on your own)	
1:30-2:30	Dancing to Live Music; No Matter What the Band Throws at You (Yzzah, Andy, Adam)	Spanish Dance for Raks Sharki Dancers (Jamila)
2:45-3:45	Mejanse - Egyptian Style (Liah)	Head Toss Hullabaloo (Fiona)
4:00-5:00	Silk in Motion (Fan Viels) (Yzzah)	The Shimmy and the Stool (Ruric)
5:00-5:15	Community Cool Down (Donna)	
5:15	Dinner (on your own)	
6:00	Doors Open for Show	
7:00	Gala Show!	

SUMMER'S END 2026

Workshop Details

10:00 - 11:00

SharQui - The Bellydance Workout

Teacher: Nicci Nichols

Level: All levels

Description: SharQui - The Bellydance Workout® blends authentic Middle Eastern dance with high-energy fitness, offering a joyful, body-positive way to get stronger, more confident, and energized.

The Soul of Chiftitelli

Teacher: Laci “Samira” Watson

Level: All levels

What to bring: Zills and knee pads or a soft mat

Description: In this workshop, we'll focus exclusively on the rich, grounded essence of chiftitelli, exploring it as both a rhythm and a feeling. We'll start by breaking down the chiftitelli rhythm on zills, so you can confidently play and internalize its distinctive patterns. From there, we'll bring that rhythm into the body, exploring how its slow, weighted cadence shapes your movement and presence in both taqsim and floorwork. We'll also explore how this rhythm is interpreted within an American Cabaret style set. Throughout the class, the focus will be on embodiment, helping you develop a deeper relationship with the rhythm so your dancing feels intentional, immersive, and uniquely your own.

11:15 - 12:15

Roma Skirt Fantasy

Teacher: Ruric Amari

Level: Beginner, Intermediate

What to bring: Skirt

Description: The karsilama 9/8 is a dynamic rhythm that brings a rich feel to any set. It creates a complex and folksy richness that pairs beautifully with the fantasy use of props. Stage has progressed this prop far beyond its original use, but you the organic nature of the Roma style remains intact. This workshop will teach the basic structure of the 9/8 using Turkish and Roma style foot work, torso and pelvic combinations, then add the feisty skirt on top to give it that pizzazz. Suitable for beginners and beyond with limited experience in 9/8 or Roma style.

Perfect Your Practice

Teacher: Lisa Jean

Level: All levels

Description: So you want to improve your dancing and you know that you need to practice. But how the heck do you go about it without a teacher right there telling you what to do?

Let's learn how to go about creating a sustainable and effective at-home dance practice. This workshop will take you from feeling lost and overwhelmed when thinking about practicing, to in-control and empowered.

1:30 - 2:30

Dancing to Live Music; No Matter What the Band Throws at You

Teachers: Yzzah Ayala, Adam Riviere, Andy Smith

Level: Intermediate, Advanced

Description: We've all seen them; dancers who confidently take the stage without having the slightest idea what music they're going to be dancing to. No choreography, no rehearsals, and (seemingly) no fear. Do you want to develop this superpower as part of your own dance journey? If so, then this class is for you. Yzzah, with live music and additional commentary provided by Adam and Andy, will take you through the process step by step. And we'll spend plenty of time practicing so you can have the experience of dancing to live music in a low-pressure, supportive environment!"

1:30 - 2:30 (cont.)

Spanish Dance for Raks Sharki Dancers

Teacher: Jamila Zahran

Level: All levels

What to bring: Very full skirt preferably fitted at the hips

Description: Please join Jamila as she explores the beautiful art of Spanish dance with you. This workshop will not contain complicated taconeo (heelwork) but will rather be an exploration of proper body dynamics for Spanish dance, braseo (armwork), floreio (hand work) along with some work with the falda (skirt-but not a “skirt” dance) but rather proper use of the skirt in flamenco dance

2:45 - 3:45

Mejanse – Egyptian Style

Teacher: Liah Mazz

Level: Intermediate

What to bring: Viel

Description: Liah will be teaching a choreography that explores different rhythms and possibilities.

Head Toss Hullabaloo

Teacher: Fiona Lea

Level: All levels

Description: Want to whip your hair around but don't want to hurt your neck? Head tossing and hairography are powerful and vibrant elements of dance that can go overlooked, as many of us are intimidated by the unique strain they put on our bodies. Fear no more! This workshop will cover several different head toss variations, plus tips for stretching, protecting, and conditioning your neck and shoulders, and maintaining balance and reducing dizziness as you whip around. Let your hair down and unleash your passion!

4:00 - 5:00

Silk in Motion (Fan Viels)

Teacher: Yzzah Ayala

Level: All levels

What to bring: 2 fan veils

Description: Discover the art of dancing with silk fan veils in a beautiful choreography that captures the illusion of floating through the air. This one-hour workshop will help you develop graceful movement, fluid transitions, musicality, and expressive stage presence while transforming the silk into an extension of your body.

The Shimmy and the Stool

Teacher: Ruric Amari

Level: Advanced

What to bring: Stool or doumbek (Egyptian Tabla). Can also use a 12” x 12” tile if needed for comfort.

Description: This workshop draws from the concept of being able to dance on a tile. Many Dancers rely on legwork and traveling steps to create drama and musicality in their Dance. This can take away from the ability to hold space while standing still and diminish movements of the torso. Using a stool or drum to stand on, we limit what we can do with our lower bodies to focus on hips and above. We will cover a variety of Shimmies, undulations, and projecting expression to create dynamic performance while standing still with Balance. Not only will this expand your musicality, but it will also give you a way to create your own stage in any environment.